Kidney Transplant

Mark Lerman, MD,FACP,FASN,FAST Medical Director, Kidney/Pancreas Transplant Medical City Dallas





ABO Compatibility Chart

If you have blood type	You can normally receive a kidney from a donor with the blood type:	You can normally donate a kidney from a donor with the blood type:	
0	o	O, A, B, AB	
Α	Α, Ο	A, AB	
В	В, О	B, AB	
AB	O, A, B, AB	AB	





Blood Type US Population







ABO Antibody Characteristics

- Appear after birth, peaking at 5-10 years of age
- Predominantly IgM
 - Group O individuals form IgG
- Complement binding at 37 °C
- Titers range from $4 \ge 2048$





Clinical Significance

Hemolytic transfusion reaction

Recipient ABO antibody reacts with donor RBC and activates C', resulting in the destruction of transfused RBCs.

• Hyperacute rejection

Recipient ABO antibodies react with donor ABO antigens. C' is activated at the surface of endothelial cells, resulting in rapid destruction of the cells.





History of ABOi Renal Transplant

- Living donors non A2 with intensive pre-transplant conditioning of recipients
- Survival rates lower than ABOc, but promising results
- 20 years later widespread adoption in Europe
 - > 2005-2012: 1420 Living Donor ABOi
 - Varying desensitization and IS protocols
 - > Overall graft survival at 3 years comparable to ABOc





Japanese Experience

- No deceased donors
- 1 year graft survival 96%, 5 year 91%
- 30% of living donor transplants are ABOi
- > 1400 transplants to date





ABO Antigen Incidence by Population

Incidence (%)					
Phenotype	Caucasian	African- American	Asian	Genotypes	
A ₁	34	19	27	A ₁ A ₁ , A ₁ A ₂ , A ₁ O	
A ₂	10	8	Rare	A ₂ A ₂ , A ₂ O	
В	9	19	25	BB, BO	
A ₁ B	3	3	5	A ₁ B	
A ₂ B	1	1	Rare	A ₂ B	
0	44	49	43	00	





Graft Survival







Fig. 1

Five year death censored graft survival estimated by Cox regression analysis.



Clin Transplant, May 2012



KAS Update for Group B Candidates

Blood Types A, non-A₁ and AB, non A₁B

Kidneys may be transplanted into candidates with blood type B who meet *all* of the following criteria:

- 1. The transplant program obtains written informed consent from each blood type B candidate regarding their willingness to accept a blood type A, non-A₁ or blood type AB, non-A₁B blood type kidney
- The transplant program establishes a written policy regarding its program's titer threshold for transplanting blood type A, non-A₁ and blood type AB, non-A₁B kidneys into candidates with blood type B. The transplant program must confirm the candidate's eligibility every 90 days (+/-20 days).





A2 or A2B deceased donors to B recipients at MCD

Anti-A1 IgG at room temp < 1:8

Repeat every 90 days

No desensitization





Agglutination Assays







ABO I Live Donor

- All ABOi pairs are entered into KPD
- Baseline anti-ABO titer IgG at IAT
- Insurance must agree to pay for desensitization
- Careful informed consent from donor and recipient
- Begin desensitization protocol





Desensitization

- Begin immunosuppression
- PP/IVIG daily until anti-ABO titer <1:8 IgG IAT
- Retuximab day -1
- Thymoglobulin 5mg/kg, Mychophenolate, Steroids post
- Measure anti-ABO titer daily X 2 weeks post, then every 2-3 days x 1 week





Desensitization

- PP/IVIG post if anti-ABO titer >16
- Kidney biopsy if creatinine does not fall or for any acute elevation
- PP/IVIG for AMR
- Complement inhibitors, proteaosome inhibitors for resisistant AMR
- Increase incidence AMR 0-28 days post
- 3-year graft survival same as ABOc





IgM Titers

Data is limited

A few studies – IgM > 32 early acute rejection/thrombotic microangiopathy Other studies-IgM not associated with rejection or outcome

American J of Transplantation 2015; XX: 1-10





Summary

- Long-term graft outcome of ABOi is comparable to ABOc
- Each center must develop their own protocol to qualify group B patients to receive non-A $_{\rm 1,\,,}$ non- A1,B DD kidneys
 - > Acceptable anti-A titer for inclusion in program based on titration methodology
 - Consent form for receipt of ABOi organ
 - Pre-and post- transplant monitoring and treatment plan
- Close communication required with blood bank/transfusion service to develop testing protocol
 - > Pre-transplant considerations: methodology, frequency of testing, sample age and type, turn-around time
 - > Post-transplant consideration: routine monitoring vs treatment of rejection, use of PP/IVIG



Live B donor to O recipient





Confidential | Not intended for external distribution

Questions



Confidential | Not intended for external distribution